# EDUCATIONAL and REHABILITATION PROGRAMS

### POLICY.

It is the policy of the Deschutes County Adult Jail (DCAJ) and Work Center (WC) to provide all qualified inmates with educational and rehabilitation opportunities whenever possible to increase the possibility of rehabilitation and to reduce idle time while incarcerated.

### PURPOSE.

Educational and rehabilitation programs can reduce recidivism for motivated inmates through learning forms of proper conduct, instilling values, and acquiring skills that may make them more competitive for employment opportunities. Many inmates have substance abuse and behavioral problems which may require rehabilitation and/or counseling. Rehabilitation may increase the opportunity for some inmates to stay out of jail by reducing or eliminating substance dependence and associated criminal behavior, thereby reducing jail population. Participation in rehabilitation programs is not an inmate right, but rather a privilege based on demonstrated need and continued good behavior.

### **OREGON JAIL STANDARDS:**

- I-203 Facilities for Leisure Activities
- I-204 Library Services
- I-301 Educational Programming
- I-302 Involving the Educational Service District
- I-303 Rehabilitation Programs
- I-304 Program Oversight
- I-305 Program Facilities
- I-601 Utilizing Community Resources

### **REFERENCES:**

- DCAJ Policy CD 11-5, Inmate Worker Program
- DCAJ Policy <u>CD 2-11, Volunteers</u>
- DCAJ Policy <u>CD-11-7</u>, <u>Religious Exercise</u>
- DCAJ Policy <u>CD-2-16</u>, <u>Harassment and Sexual Harassment</u>
- DCAJ Policy <u>CD-6-9</u>, *Harassment and Sexual Assault/Misconduct*

### **DEFINITIONS.**

Alcoholics Anonymous (AA). An international fellowship of alcoholics whose purpose is to stay sober and help others recover from alcoholism.

**Breaking Barriers.** A short-term program intended to assist inmates in understanding beliefs and behavior patterns. This program emphasizes freedom, personal choice and responsibility.

**Cardiopulmonary resuscitation** (**CPR**). CPR is an emergency procedure, performed in an effort to manually preserve intact brain function until further measures are taken to restore spontaneous blood circulation and breathing in a person in <u>cardiac arrest</u>.

**General Educational Development (GED).** The process of earning the equivalent of the high school diploma, which is called a GED certificate or credential.

**HEPATITIS & HIV 101.** A class conducted by a Health Educator from the Deschutes County Health Department. This is an educational class on the prevention and transmission of Hepatitis and HIV.

**Inmate Worker Program.** A program that provides inmates with the opportunity to work and learn job skills.

**Motivational Enhancement (ME).** A contract service program designed to help identify inmates willing to accept the challenge of self-improvement and change for entry into the Restart treatment program.

**Narcotics Anonymous (NA).** A fellowship of people addicted to narcotics, whose purpose is to remain drug or substance free and help others recover from substance addiction.

**Parenting Program**. A short term program that helps parents learn new skills and techniques to make parenting easier. Parents will learn a greater understanding of child development, stress management, setting realistic expectation and positive communication.

**Programs Deputy.** A corrections deputy specifically assigned by Corrections Commander. The programs deputy(s) assists in scheduling and coordinating programs, including the inmate worker program.

**Programs Supervisor.** A corrections lieutenant or designee is responsible for programs at the DCAJ or WC and also supervises the programs deputy(s).

**Programs Specialist.** Civilian staff assigned to a variety of technical support services. Responsible for performing inmate program support functions.

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**Religious Activity.** Any rite, ceremony, event, or program that is commonly associated with the practices of a religion. It includes, but is not limited to, gatherings of adherents of religion for purposes of worship, prayer, teaching, or sharing.

**Restart.** A contract service, for more intensive drug and alcohol program whose purpose is to change negative patterns of thinking, feeling and behavior into pro-social, substance-free community oriented living.

**Twin-Rix Vaccination Program**. A program provided by a Registered Nurse with Deschutes County Health Department. The program provides a series of vaccinations to inmates at no cost. Twin-Rix is a combined vaccination for Hepatitis A and Hepatitis B. This a three shot series provided to inmates and if released they can continue the series out of custody.

**Under 21 Educational Program**. The Bend La Pine Public School District program for incarcerated youth under the age of 21 providing special educational services.

**Volunteers.** An individual who donates time and effort to enhance the activities and programs of the Corrections Division. They are selected based on their skills and personal qualities to provide services in a variety of activities.

**Inmate Work Crew**. A group of sentenced inmates assigned to a work detail for a public entity or community service project, under direct supervision of a corrections deputy.

## **PROCEDURES.**

# SECTION A: PROGRAMS OVERSIGHT AND GENERAL GUIDELINES

- **A-1.** The Sheriff or his designee will determine the rehabilitative and educational programs offered to inmates.
- A-2. Any changes to any program will be approved by the Sheriff or his designee.
- **A-3.** Programs are a privilege and are based on an inmate's classification, supervision level and behavior while in DCAJ and WC. Inmates demonstrating appropriate behavior and who are currently placed in Supervision Level I, II or III may attend programs. Inmates must meet the following eligibility requirements to participate in programs:
  - a. The inmate must not pose a threat to the safety and security of the facility.
  - b. The inmate must observe the rules of the facility and not have had any formal disciplinary proceedings for a minimum of 21 days prior to attendance.
  - c. The inmate must be Supervision Level I, II or III to be eligible.
  - d. The inmate must display a willingness to learn or seek self-improvement.
- **A-4.** The Programs Deputy will assign inmates a program location and time based on space and availability of volunteers. Inmate keep-away status will also be considered when making program assignments.

- **A-5.** When programs are offered, corrections deputies will deliver Program Sign-up Sheets to the appropriate housing units. Any inmate desiring to attend must legibly sign his name.
- **A-6.** Any inmate may be removed from, or denied access to, programs if they present a threat to the safety or security of the facility.

### SECTION B: PROGRAM FACILITIES.

- **B-1.** The DCAJ and WC provide program rooms including but not limited to:
  - a. Inmate indoor recreation yards
  - b. Video arraignment room
  - c. Programs classroom
  - d. Law Library
- **B-2.** Adequate seating in the programs rooms at both the DCAJ and WC will be provided. Additionally, appropriate equipment necessary to facilitate the activities will be made available upon jail command approval, to include:
  - a. work books
  - b. required reading materials
  - a. Desks/tables
  - b. White boards
  - c. Other equipment appropriate to the activities

### SECTION C: EDUCATIONAL PROGRAMS

- **C-1.** DCAJ AND WC will provide educational programming, including, but not limited to, the following:
  - a. General Educational Development (GED) classes.
  - b. Under 21 Program.
  - c. Library services.
- **C-2.** Educational programming is provided to inmates to enhance their capability to function in society lawfully. However, programs offered will depend upon the following:
  - a. Availability of community educational resources.
  - b. Average daily population and average length of stay of inmates.
  - c. Determination of the educational needs of DCAJ's general population.
  - d. Extent to which educational services can be accessed by DCAJ.
- **C-3.** The programs deputy or supervisor will survey inmates to determine individual educational needs and contact the Board of Education, Educational Service District or contract service providers to assist with providing required GED and other education programming for appropriate inmates.

- **C-4.** The programs deputy will make available all textbooks, paper, pencils and other materials necessary to facilitate educational programming.
- **C-5.** The DCAJ and WC will maintain a library of books for inmates. Library materials will include educational, reference, religious and leisure reading material.
- **C-6. GED**. GED is a contract service program, dependent upon available funds for continued operation. GED at DCAJ is administered through a private qualified party.
- C-7. Under 21 Educational Programs. Inmates under 21 years old, or having been diagnosed as "requiring special education," will be given priority for educational programs. The Under 21 Program is administered through cooperation with the Bend-La Pine School District, and is offered to qualifying inmates at DCAJ. Also, inmates under 19 years of age, who do not have a GED, will be given similar priority, as the Bend-La Pine School District has an obligation to educate them.

### SECTIOND: REHABILITATION PROGRAMS

- **D-1.** The DCAJ and WC will provide rehabilitative programming, including but not limited to the following:
  - a. Alcoholics (AA)
  - b. Narcotics Anonymous (NA)
  - c. Breaking Barriers Classes
  - d. Motivational Enhancement (Pre-Treatment Program)
  - e. Restart (Treatment Program)
  - f. Inmate Worker Program
  - g. Work Crew Program
  - h. Parenting Classes
  - i. Religious Services
  - j. CPR Classes
  - k. Job Skills Classes
  - l. Anger Management Classes
  - m. Deschutes County Health Department Classes (Hepatitis/HIV 101, Twin-Rix Vaccinations)
  - n. Behavioral Health

### SECTION E: UTILIZING COMMUNITY RESCOURCES

**E-1.** Volunteers. Volunteers must meet the requirements set forth by DCAJ Policy <u>CD-2-11</u>, <u>Volunteers</u>, may be utilized to facilitate the various programs and classes. Approved volunteers will receive security orientation by jail staff prior to accessing DCAJ or WC. All DCAJ and WC program volunteers are evaluated annually for effectiveness.

- **E-2.** Religious services, AA and NA meetings in DCAJ or WC will be facilitated by outside volunteers, in accordance with DCAJ Policy <u>CD-2-11</u>, *Volunteers*.
- **E-3.** DCAJ will seek to partner with community resources to provide otherwise unavailable services and programs to inmates and the jail operation, and reduce the cost of operating the jail. Those qualified and approved partners will receive security orientation and training by jail staff prior to approval. They will also meet the requirements and follow the guidelines set forth by the DCAJ Policy <u>*CD-2-11*</u>, <u>*Volunteers*</u>.
- **E-4.** DCAJ command staff will provide necessary oversight for rehabilitation and educational programs in DCAJ and WC. Procedures for coordinating, controlling and supervising programs will be made known to all outside staff, who are required to work within the security, safety, operational and policy requirements of the jail and follow the guidelines set forth by the DCAJ Policy <u>CD-2-11</u>, <u>Volunteers</u>. Specific orientation training will be provided, to include:
  - a. Rules and procedures that inmates and providers must follow.
  - b. Staff responsibilities concerning the facilitation and management of rehabilitation programs and the use of jail facilities, equipment, books and supplies.
  - c. Rules of Conduct and enforcement of rules and requirements.
  - d. DCAJ Policy CD-2-16 Harassment and Sexual Harassment
  - e. DCAJ Policy CD-6-9 Sexual Misconduct with Inmates

### FORMS USED:

- Alcoholics Anonymous Program Sign-Up Sheet Form No. 621
- Narcotics Anonymous Program Sign-Up Sheet Form No. 620
- Parenting Class Sign-Up Sheet Form No. 632
- Hep/C HIV Education, Twin Rix Vaccinations Sign-Up Sheet Form. 633
- Religion Sign-Up Sheet Form No. 622
- Under 21 Sign-Up Sheet Form No. 648
- Inmate Message Form No. 103