

## **HEALTH ASSESSMENT/HEALTH APPRAISAL**

### **POLICY.**

It is the policy of Deschutes County Sheriff's Office – Adult Jail (AJ) that all inmates who remain in custody longer than fourteen days will receive a Health Assessment by the Facility Nurse on a form approved by the Facility Provider.

### **OREGON JAIL STANDARDS:**

- G-201 Screening Follow Up
- G-202 Health Assessment

### **PROCEDURES.**

The jail must have a system for ensuring timely follow-up to problems/needs, identified during the initial screening process. If the inmate has been readmitted to the jail within 12 months of a previous Health Assessment and the admission screening shows no changes, there is the option of not doing an additional Health Assessment.

- A-1.** The Medical Department shall be responsible for identifying those inmates who have been lodged for fourteen days to complete a Health Assessment. The Health Assessment should be completed within 15 days of the inmates' admission to the jail. The inmate has the right of refusal of the Health assessment.
- B-1.** The Health Assessment shall include:
- a. Review of the Medical Receiving Screening Form and any other medical information known to the AJ
  - b. Collection of additional medical, dental and psychiatric histories, as appropriate
  - c. A general physical examination including, but not limited to, height, weight, blood pressure, pulse and temperature
  - d. Review of significant abnormal findings by the doctor or Facility Provider.
  - e. Assessment of the inmate's mental health status by the AJ behavioral health staff
  - f. Screening for venereal disease
  - g. Test for Tuberculosis, with inmate consent
  - h. Any other tests and examinations as appropriate
  - i. A dental observation
  - j. Any health care education needs or self-care skill teaching needed by the inmate shall be done at the time of the Health Appraisal. The Facility Nurse shall assess the

individual inmate's needs, teaching as necessary. Subject for health education would include personal hygiene, physical fitness, nutrition, substance abuse, family planning, sexually transmitted diseases, HIV prevention and breast self-examination.

- C-1.** The Health Assessment record shall be placed in the inmate's medical file.
- D-1.** Any abnormal results of the examination will be reviewed by the Facility Provider for the identification of problems.
- E-1.** Health assessments are not required for all inmates readmitted to the correctional facility when the last assessment was performed within 12 months and when the screening shows no change in health status. Histories, PE's, and tests are updated when appropriate.
- F-1.** No routine Pap smear or pelvic exams will be done at the AJ. If the female inmate presents symptoms of gynecological conditions, these will be reviewed with the Facility Provider and he/she will make a determination.
- G-1.** There will be no charge for the Health Assessment to the inmate.