Facility Physician:

HEALTH ASSESSMENT/HEALTH APPRAISAL

POLICY.

It is the policy of Deschutes County Adult Jail (DCAJ) that all inmates who remain in custody longer than fourteen days will receive a Health Assessment by the Facility Nurse on a form approved by the Facility Physician.

OREGON JAIL STANDARDS:

- G-201 Screening Follow Up
- G-202 Health Assessment

PROCEDURES.

The jail must have a system for ensuring timely follow-up to problems/needs, identified during the initial screening process. If the inmate has been readmitted to the jail within 12 months of a previous health assessment and the admission screening shows no changes, there is the option of not doing an additional health assessment.

- **A-1.** The Medical Department shall be responsible for identifying those inmates who have been lodged for fourteen days. The inmate has the right of refusal.
- **B-1.** The Health Appraisal shall include:
 - a. Review of the Medical Receiving Screening Form and any other medical information known to DCAJ
 - b. Collection of additional medical, dental and psychiatric histories, as appropriate
 - c. A general physical examination including, but not limited to, height, weight, blood pressure, pulse and temperature
 - d. Review of significant abnormal findings by the doctor or Facility Nurse Practitioner.
 - e. Assessment of the inmate's mental health status by the DCAJ mental health worker
 - f. Screening for venereal disease
 - g. Test for Tuberculosis, with inmate consent
 - h. Any other tests and examinations as appropriate
 - i. A dental observation
 - j. Any health care education needs or self-care skill teaching needed by the inmate shall be done at the time of the Health Appraisal. The Facility Nurse shall assess the individual inmate's needs, teaching as necessary. Subject for health education would

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include personal hygiene, physical fitness, nutrition, substance abuse, family planning, sexually transmitted diseases, HIV prevention and breast self-examination.

- **C-1.** The Health Appraisal record shall be placed in the inmate's medical file.
- **D-1.** Any abnormal results of the examination will be reviewed by the Facility Physician or Facility Nurse Practitioner for the identification of problems.
- **E-1.** Health assessments are not required for all inmates readmitted to the correctional facility when the last assessment was performed within 12 months. and when the screening shows <u>no</u> change in health status. Histories, PE's, and tests are updated when appropriate.
- **F-1.** No routine pap smear or pelvic exams will be done at DCAJ. If the female inmate presents symptoms of gynecological conditions, these will be reviewed with the Facility Nurse Practitioner or Facility Physician, and he/she will make a determination.
- **G-1.** There will be no charge for the Health Appraisal to the inmate.