L. Shane Nelson, Sheriff

Facility Physician: The

Treatment Protocol February 8, 2016

#### TREATMENT PROTOCOL

# BLOOD IN EMESIS (VOMIT), SPUTUM (LUNG SECRETION), STOOL OR URINE

# 1. Symptoms/Presentation:

- Bright red blood in Emesis, Sputum, Stool or Urine
- 2. Wear disposable gloves while treating inmate.

# 3. INSTRUCT INMATE THAT HEALTH TRAINED OFFICER OR FACILITY NURSE MUST SEE EVIDENCE OF BLEEDING.

### 4. Emesis (vomit):

- Check throat and nose for irritation.
  - o Has there been a recent nose bleed?
  - o If blood is from throat or nose irritation and is a small amount; then
  - o Contact Facility Nurse for instructions.
  - o Treat for nausea and vomiting
- If emesis contains large amounts of bright red fresh blood.
  - Have inmate lie down.
  - Check pulse and respiration.
  - Contact Facility Nurse, Facility Provider or Emergency Room Physician for instructions.

#### 5. Sputum (lung secretion):

- Check to see if the blood is only in the saliva:
  - o If it is, check for bleeding in mouth.
  - o If not, continue:
- Obtain medical history:
  - o Has inmate ever spat up blood like this before?
  - o If yes, does inmate know what caused it?
  - Has inmate had a recent tuberculosis test?

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- o Isolate until further assessment by medical in the Medical Unit, or Cells 302 or 303.
- o If TB is suspected, staff must wear protective particulate masks in the presence of the inmate. If the inmate comes out of the cell he/she must wear a mask.
- Contact Facility Nurse, Facility Provider or Emergency Room Physician, pass on information and request further instructions.

#### 6. Stool:

- Obtain medical history:
  - O Does he/she have hemorrhoids?
  - o Has inmate ever had rectal bleeding before?
  - o If yes, what caused bleeding?
- Contact Facility Nurse, Facility Provider or Emergency Room Physician after hours, pass on information and request further instructions.

# 7. Urine:

- Obtain medical history:
  - o Has inmate ever had blood in his/her urine before?
  - o If yes, what caused bleeding?
  - Contact Facility Nurse, Facility Provider or Emergency Room Physician after hours, pass on information and request further instructions.