DESCHUTES COUNTY ADULT JAIL

L. Shane Nelson, Sheriff

P-610 **Treatment Protocol Facility Physician: February 9, 2016**

TREATMENT PROTOCOL

DRUG/ALCOHOL WITHDRAWAL

- 1. <u>Symptoms/Presentation</u>:
 - Withdrawal can be mild, moderate or severe and can last up to 2 weeks.
 - Severe withdrawal can cause death.
- 2. Mild Withdrawal: Irritability, headache, sweating, nervousness, sleeplessness.
 - Place inmate under observation.
 - Take blood pressure, temperature, and pulse rate.
 - Contact the Facility Nurse, pass on the information, and follow instructions.
- 3. Moderate Withdrawal: Hyperactivity, quivering sensation, moderate tremors, nausea, vomiting, mild diarrhea, tingling sensations.
 - Place inmate under observation.
 - Contact Facility Nurse or Facility Physician, pass on information and request instructions.
 - If inmate advances into severe withdrawal, contact EMT's.
- 4. Severe Withdrawal: Disorientation, severe shakes, dry heaves, auditory and visual hallucinations, numbness, marked restlessness.
 - Call 911 for EMTs.
 - Have someone stay with inmate until EMTs arrive.

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