



**TREATMENT PROTOCOL**

**NAUSEA AND VOMITING**

1. Symptoms/Presentation:

- Inmate complains of nausea, stomach sickness.
- Inmate shows deputy evidence of vomiting.
- Abdominal pain or cramping may be present.

2. Nausea without vomiting:

- Instruct inmate to rest.
- Contact Facility Nurse if nausea continues more than four hours.

3. Nausea combined with vomiting:

- Move inmate to special housing for observation.
- Obtain medical history:
  - How long have they felt sick?
  - What other symptoms does he/she have? (pain, weakness, headache, etc.)
  - Does this happen frequently?
  - Does inmate have eating disorder?
- Encourage small amounts of clear liquids every ½ hour. (Approx. 1 oz.)
- Contact Facility Nurse or Facility Provider for further instructions.