TREATMENT PROTOCOL

TUBERCULOSIS

1. General Information

A. Definition

A contagious and life threatening infection of the lungs caused by bacterium (tubercle bacillus).

- B. Transmission
 - 1. Tuberculosis is spread through the air by tiny airborne droplets which contain TB. This occurs when a person sneezes, coughs, sings or talks. **THE DROPLETS CAN REMAIN SUSPENDED IN THE AIR.**
 - 2. A person who has TB WITHOUT DISEASE:
 - a. Cannot spread infection to others
 - b. Is not considered a case of TB
 - c. Usually has a negative chest x-ray and no symptoms
 - d. Has TB bacteria in their body that does have potential of causing disease at any time later in life.
- C. Symptoms
 - 1. Lethargy
 - 2. Weakness
 - 3. Weight loss
 - 4. Fever and/or night sweats
 - 5. Chronic cough
 - 6. Chest pain
 - 7. Coughing up blood

II. History of Tuberculosis

A. States he/she has had previous, positive PPD and has completed INH therapy with or without recent chest x-ray.

Supersedes: February 9, 2016 Review Date: December 2019 Total Pages: 3 1. Asymptomatic

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- a. May be placed in general population.
- b. May work as an inmate worker, following a chest x-ray or review with Facility Provider.
- B. States he/she has had previous, positive PPD and has not had INH therapy or recent chest x-ray.
 - 1. Asymptomatic
 - a. May be placed in general population.
 - b. May work as an inmate worker, following a chest x-ray or review with Facility Provider.
 - 2. Symptomatic (especially cough and bloody sputum)
 - a. Isolate in Medical Unit or medical segregation cell (302 or 303) and use Isolation Technique listed in Section III below.
- III. Isolation Technique
 - A. Must wear a protective particulate mask.
 - B. Place in cell where air circulation is on negative pressure in Medical Unit or Cells 302 or 303.
 - C. Place plastic garbage sack in cell for disposable items.
 - D. Masks are indicated:
 - 1. For those who come into cell while inmate is in isolation.
 - 2. If inmate leaves cell he/she must wear appropriate mask while in isolation until cleared by medical.
 - E. Gloves are not required but hands must be washed after contact.
 - F. Garbage sack will be tied shut and placed in outside garbage collection container.
- IV. If inmate is tested at DCAJ and responds with a positive PPD but refused chest x-ray or other follow-up care:
 - A. Asymptomatic

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 - 1. May continue housing in general population.
 - 2. May <u>not</u> work as an inmate worker.
 - B. Symptomatic
 - 1. House in Medical Unit or medical segregation cell with ventilation to an outside system (302 /303).
 - 2. Use Isolation Technique (listed in Section III. above).
 - 3. Continue regular follow-up management with medical department, who will attempt to get sputum cultures for further diagnosis and management.