



STANDING ORDER

**ALLERGIC REACTIONS
(Non-Anaphylactic)**

I. ASSESSMENT

- A. Obtain medical history of family allergies, previous allergic treatment or testing, when symptoms occur, what makes them better/worse.
- B. Assess for localized and systemic reactions to drugs, food, inhalants and materials.

II. MANAGEMENT

- A. Eliminate causative substances from environment/diet, if known.
- B. Apply cortisone cream 1% BID to hives, rashes.
- C. If hives are present or skin rash is easily visible, complains of severe itching, may be given Benadryl 50 mg qid prn x 2 days then refer to provider.
- D. For reactions consisting of nasal congestion, red itchy eyes or sinus headache, give: Benadryl 50 mg po BID x 2 days.

III. EVALUATION

- A. If symptoms worsen after seven days or response is poor to oral medication, contact Facility Provider for instructions.