DESCHUTES COUNTY ADULT JAIL

L. Shane Nelson, Sheriff

Facility Physician:

SO-508 Standing Order February 11, 2016

STANDING ORDER

ATHLETES FOOT

I. ASSESSMENT

- A. Involved first are the interdigital spaces of the third and fourth toes and later the plantar surface of the arch.
- B. The lesions consist of macerated areas with scaling borders and vesicular eruptions. Fissures may cause discomfort between digits.

II. MANAGEMENT

- A. Cleanse area with warm water and soap and dry thoroughly.
- B. If wearing open shower type shoes:
 - Apply Tolnaftate cream twice a day for two weeks.
- C. Instruct patient on foot hygiene.
- D. For severe cases of peeling, scaling and other athletes foot symptoms, a mixture of hydrocortisone 1% cream and Tolnaftate BID.

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Total Pages: 1