## STANDING ORDER

# **BURNS**

#### I. ASSESSMENT

A. Determine depth of burn and extent of body surface burned.

1<sup>st</sup> Degree - redness, mild swelling and pain
2<sup>nd</sup> Degree - erythema with blanching, blisters, swelling, surface moisture and pain
3<sup>rd</sup> Degree - white, reddened, darkened or charred skin, eschar, blisters, loss of pain sensation

#### II. MANAGEMENT

- A. 1<sup>st</sup> Degree Burns:
  - 1. Immerse affected area in cold water immediately for 20 minutes.
  - 2. Give APAP 325 mg, two tablets BID PRN for pain or Ibuprofen 400 mg BID may be purchased during A.M. and P.M. medication passes.
  - 3. Spray area with antiseptic/anesthetic burn spray or equivalent.
- B. 2<sup>nd</sup> Degree Burns:
  - 1. Rinse with cool water continuously for 20 minutes
  - 2. Wash gently with soap and water.
  - 3. Apply Silvadine cream (if not allergic to sulfa drugs) and cover with sterile nonadhesive dressing. Do not disturb the blister. Do not wrap injury with Koban. Secure dressing with gauze wrap to avoid tape on the skin
  - 4. Change dressing daily and assess for infection.
  - 5. APAP 325 mg, two tablets BID PRN for pain or Ibuprofen 400 mg bid may be purchased A.M. and P.M. medication passes .
  - 6. Contact Facility Provider if burn is not healing or shows signs and symptoms of infection.
- C. 3<sup>rd</sup> Degree Burns:

- 1. Cover area with sterile non-adhesive dressing.
- 2. Transport immediately to Emergency Department.

### III. EVALUATION

1. All 2<sup>nd</sup> and 3<sup>rd</sup> degree burns will be assessed by the Facility Provider at the next visit if not seen previously or by the Emergency Department physician.