STANDING ORDER

CHEST PAIN

I. ASSESSMENT

A. Assess for substernal pressure, tightness, heaviness, burning, aching, may radiate to jaw, neck, back, arms, nausea, shortness of breath, hypoxia. Sense of doom.

B. Take vital signs.

C. Obtain cardiac history, number of nitro tablets taken if any.

II. MANAGEMENT

A. Have inmate administer nitroglycerin tablets sublingually (five minutes apart for three doses). If symptoms are severe, do not wait 15 minutes.

B. May keep three nitro 0.4 mg. in cell for c/o chest pain with or without an order.

C. Call EMTs to assess for transport to emergency room if pain does not subside or is not relieved by nitroglycerin. Have AED in close proximity to client.

D. Administer oxygen at 2-5 L/minute if inmate shows signs of hypoxia.

III. EVALUATION

A. If not transported to emergency room and symptoms continue, contact Facility Provider by phone to be evaluated by Facility Provider at next scheduled visit.