STANDING ORDER

COLDS

I. ASSESSMENT

A. Assess for watery, nasal discharge, low-grade fever, nasal congestion, and myalgia.

B. Take TPR and blood pressure if indicated.

II. MANAGEMENT

A. Increase fluid intake, eight (8) or more cups of water per day.

B. APAP 325 mg, 2 tablets BID PRN for fever or discomfort, or Ibuprofen 400 mg BID PRN. May be purchased during A.M. and P.M. medication pass.

III. EVALUATION

A. If symptoms persist, or worsen, beyond seven (7) days, contact Facility Provider for orders or see facility nurse practitioner or physician at next visit.