## **DESCHUTES COUNTY ADULT JAIL**

L. Shane Nelson, Sheriff

**Facility Physician:** 

**SO-516 Standing Order** February 11, 2016

#### STANDING ORDER

# **COLDS**

#### I. ASSESSMENT

- A. Assess for watery, nasal discharge, low-grade fever, nasal congestion, and myalgia.
- B. Take TPR and blood pressure if indicated.

# II. MANAGEMENT

- A. Increase fluid intake, eight (8) or more cups of water per day.
- B. APAP 325 mg, 2 tablets BID PRN for fever or discomfort, or Ibuprofen 400 mg BID PRN. May be purchased during A.M. and P.M. medication pass.

## III. EVALUATION

A. If symptoms persist, or worsen, beyond seven (7) days, contact Facility Provider for orders or see facility nurse practitioner or physician at next visit.

Supersedes: August 22, 2012 Review Date: February 2018

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