# **DESCHUTES COUNTY ADULT JAIL**

L. Shane Nelson, Sheriff /

**Facility Physician:** 

**SO-517 Standing Order** February 11, 2016

### STANDING ORDER

# **CONSTIPATION**

### **ASSESSMENT**

A. Assess date of last bowel movement, regular bowel habits, eating habits.

#### II. **MANAGEMENT**

- A. Instruct inmate to drink eight or more cups of water each day.
- B. Bisacodyl laxative tablets, one or two tablets daily up to three days, or Milk of Magnesia 30cc may be purchased during A.M. and P.M. medication pass.
- C. May give stool softener (Metamucil), one packet daily up to three days.
- D. If no relief in three days, may give Fleets enema for self-administration.

# III. EVALUATION

A. If no relief obtained from the above, will be assessed by Facility Provider.

Supersedes: August 22, 2012 Review Date: February 2018

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