STANDING ORDER

HEMORRHOIDS

I. ASSESSMENT

A. Assess history of gastrointestinal disturbances, dietary habits.

B. Take vital signs, including temperature if indicated.

II. MANAGEMENT

A. Encourage fluid intake of eight (8) or more cups of water per day.

B. If there is a complaint of constipation, stool softener (Metamucil), one (1) packet a day up to seven (7) days,

C. For local discomfort, use Preparation H or equivalent as directed on package for seven (7) days or PRN.

III. EVALUATION

A. If accompanied by severe pain or rectal bleeding, notify Facility Provider.

B. If no relief in seven (7) days, notify Facility Provider.