



STANDING ORDER

HEMORRHOIDS

I. ASSESSMENT

- A. Assess history of gastrointestinal disturbances, dietary habits.
- B. Take vital signs, including temperature if indicated.

II. MANAGEMENT

- A. Encourage fluid intake of 8 or more cups of water per day.
- B. If there is a complaint of constipation, stool softener (Metamucil), 1 packet a day up to 7 days, or
- C. For local discomfort, use Preparation H or equivalent as directed on package x 7 days or PRN.

III. EVALUATION

- A. If accompanied by severe pain or increased rectal bleeding, notify Facility Provider.
- B. If no relief in 7 days, notify Facility Provider.