

**STANDING ORDER****HYPERTENSION****I. ASSESSMENT**

- A. Obtain history of hypertension and medications.
- B. Take vital signs.

II. MANAGEMENT

- A. If systolic ≥ 160 or diastolic ≥ 110 , have inmate sit quietly and retake in 15 minutes. Call Facility Provider or inmate's personal physician for medication orders.
- B. Increasing blood pressure associated with crushing chest pain dizziness, shortness of breath or visual disturbances, call EMTs for immediate transport to emergency room.
- C. Inmate's own hypertension medication will be given as ordered, unless systolic blood pressure is less than < 90 and diastolic < 60 on two (2) repeated occasions. Notify medical provider.

III. EVALUATION

- A. If medication is initiated, take blood pressure 2x per week, for first week (or PRN as blood pressure readings indicate) to monitor effectiveness of medication. After the first week, check blood pressure weekly x 4 to monitor effectiveness of medication. If blood pressure continues to be stable, check monthly.
- B. Notify Facility Provider or inmate's personal physician if blood pressure does not stay within normal parameters or possible side effects occur while on medication.