



STANDING ORDER

MENSTRUAL PAIN

I. ASSESSMENT

- A. Obtain history of menses pain, assess signs and symptoms.
- B. Take vital signs, including temperature.
- C. If no contraception and light menses, do urine pregnancy test.

II. MANAGEMENT

- A. Give APAP 325 mg, 2 tablets BID PRN for cramps. May be purchased during A.M. and P.M. medication pass, or
- B. Give Ibuprofen 200 mg, 2 tablets BID. May be purchased A.M. and P.M. medication pass.

III. EVALUATION

- A. If intense pain is present, bleeding more than normal, and/or fever for the individual inmate, contact Facility Provider for orders.