L. Shane Nelson, Sheriff

**Facility Physician:** 

**Standing Order** February 11, 2016

## STANDING ORDER

# SKIN CONDITIONS (MISCELLANEOUS)

## I. FEET

## A. Assessment

Skin on feet exhibit deep crack(s).

#### B. Management

- 1. For severe conditions and Athlete's Foot is suspected, may also use a mixture of Tolnaftate and Hydrocortisone cream 1%.
- 2. Review with Facility Provider if no improvement or condition worsens.

#### II. <u>PSORIASIS OR ECZEMA</u>

## A. Assessment

- 1. Inmate states he/she has a history of psoriasis or eczema.
- 2. May have dry, circular, scaly, reddened or silver-colored patches in random locations.

## B. Management

- 1. May use inmate's personal prescription or skin care routine.
- 2. May use Hydrocortisone cream 1%.
- 3. May use Triamcinolone cream 0.1% bid if unresponsive to Hydrocortisone cream.
- 4. Review with Facility Provider at next scheduled facility visit if no improvement or condition worsens.

## III. TINEA VERSICOLOR

#### A. Assessment

- 1. Inmate states a history of Tinea Versicolor.
- 2. Manifests a variation in skin color (a two-tone pattern).

#### B. Management

May use regular selenium sulf (Selsun shampoo) daily or PRN. Apply to skin and work into a lather with a small amount of water. Leave on skin 10-15 minutes and then rinse off.

Supersedes: August 22, 2012 Review Date: February 2018

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